



## Quick Start Guide

The Do What You Are® online Self-Discovery Assessment improves students' self-awareness for more informed decisions about their future.

### New Users

1. Go to **www.bridges.ca**.
  2. Click **Create a new portfolio** in the Student Sign In section.
  3. Enter your required information, including your **Site ID** and **Password**.
  4. Select **Do What You Are** from the Your Tools box.
  5. The first time you use Do What You Are (DWYA) or Learning Style Inventory (LSI) you will need to connect your accounts. If you have used either program before, enter your Account Name and Password and click the **blue box**. If this is your first time using DWYA or LSI, click **Continue**. Choose your grade, enter your email address, and select your counsellor's name and click **Continue**. You are now able to use Do What You Are.
- Site ID:** \_\_\_\_\_
- Password:** \_\_\_\_\_

### Returning Users

1. Go to **www.bridges.ca**.
  2. Enter your **Portfolio Name** and **Password**.
  3. Select **Do What You Are** from the Your Tools box. You will now be able to continue taking your assessment, view your report or change your password.
- Portfolio Name:** \_\_\_\_\_
- Password:** \_\_\_\_\_

## Knowledge is power: learn more about yourself and your future!

Here are some of the cool features you'll discover in Do What You Are:

- Based on scientific studies on personality type, your results will give you new insight into your strengths and weaknesses.
- Learn about your personal preferences for communication, learning styles, social situations and relationship strategies.
- Build career plans based on your personality. You'll see potential careers that are linked to your personal preferences in different areas.
- The comprehensive assessment gives real-life scenarios so it's easy to relate to your life.
- Finish the assessment in 30 to 45 minutes. If you run out of time, you have the option to stop and continue later.
- Help your parents understand your personality type so they can assist you with planning for your future. You have the option to share your results with a parent.

### Ask your counsellor for more information about Do What You Are.