

Lesson Plans & Worksheets

# PAWS IN JOBLAND

Grades K - 2



# Kindergarten Lesson Plan 1 - The “Real Me”



## Career Activities and Competencies

 School-based		Connecting		Work-based	
 Individual		Partner		Small Group	 Class

### Learning Objectives:

- The student will identify personal qualities that make him/her unique.
- The student will articulate ideas in a group setting.

**Curriculum links:** Language Arts, Social Studies, Art/Music/Drama

### Preparation Time:

- 15 minutes

### Implementation Time:

- 1 hour

### Resources Needed:

- Kindergarten Worksheet 1
- Bulletin Board
- Coloured Paper
- Crayons
- Staples

### Activity Description:

Students will begin to explore the qualities that make them special in their own way. It is important for them to know and understand what makes them unique.

### Lesson Guidelines:

- Discuss the fact that we are all unique and special in different ways.
- Discuss that it is important to share those unique qualities with others.
- Have students break into small groups and share their “special” qualities.
- Students should complete the “Real Me” Activity Worksheet with assistance.
- Students should draw pictures of themselves and post their Worksheets on the bulletin board.

### Activity Enhancements:

- Students could identify special interests and draw pictures to illustrate them.
- Ask students what they would wish for if they had the chance to make three wishes come true.



# Kindergarten - Worksheet 1

## The Real Me

My Name: \_\_\_\_\_

### Check the best answer

I am

\_\_\_ slow as a turtle

\_\_\_ fast as a rabbit

I am

\_\_\_ neat and clean

\_\_\_ kind of messy

The time I like best is

\_\_\_ morning

\_\_\_ night

My hair is

\_\_\_ long

\_\_\_ medium

\_\_\_ short

\_\_\_ curly

\_\_\_ straight

I am

\_\_\_ noisy as a firecracker

\_\_\_ quiet as a mouse

I am

\_\_\_ ticklish

\_\_\_ not ticklish

I am

\_\_\_ an indoor person

\_\_\_ an outdoor person

I am more

\_\_\_ silly

\_\_\_ serious

I am

\_\_\_ right-handed

\_\_\_ left-handed

My face has

\_\_\_ no freckles

\_\_\_ a few freckles

\_\_\_ lots of freckles

I eat like a

\_\_\_ bird

\_\_\_ horse

I usually

\_\_\_ wear glasses

\_\_\_ do not wear glasses



# Kindergarten - Worksheet 1

## The Real Me *(page 2 of 2)*

### Finish each sentence

1) I love to \_\_\_\_\_

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2) I used to \_\_\_\_\_

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3. I do not like to \_\_\_\_\_

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4. I want to \_\_\_\_\_

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5. I have never \_\_\_\_\_

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6. I wonder \_\_\_\_\_

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7. I worry \_\_\_\_\_

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8. I get into trouble when I \_\_\_\_\_

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9.The best thing about being me \_\_\_\_\_

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10. I like to dream about \_\_\_\_\_

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